

## **BEST PRACTICE 1: Adult literacy programme in Peyerabagan slum area**

- South Calcutta Girls' College has adopted the Peyerabagan slum area located in the vicinity wherein the Adult Literacy programme was started in 2015. Our College is collaborating with Peyerabagan Basti Welfare Society which has been conducting this programme for the housewives.
- Our student volunteers participate in the programme regularly throughout the year. Every week, 2-3 student volunteers go to the Basti Welfare Society to teach these women.



- Our College library is also involved with this programme. Necessary books are provided from the Library.

- Adult Literacy programme has been undertaken to develop sense of social responsibility among students and to lend a helping hand to the under-privileged within our locality.



There is considerable enthusiasm among the student volunteers to participate in this activity except during examinations, vacations and holidays volunteers are not available.

## **COUNSELLING CELL**

- The Counselling Cell has been functioning in South Calcutta Girls' College since 2016 to address the problems faced by the students and provide them with guidance. The Counsellor, Ms Yashabanti Sreemany, is available once a week from 12-4 pm.



- At the commencement of the academic session in July, the Cell conducts group sessions for students to give them an overview of counselling. On an average 30-40 students annually visit the Counsellor.
- Other than one-to-one sessions, the Cell also organises group sessions related to specific topics such as Stress Management and Examination Phobia.



Group session in progress

- Students have benefitted from these sessions.
- However, due to the compulsory attendance system under the CBCS system, students find it difficult to attend counselling session. For the same reason, it becomes difficult to conduct group sessions.



Group session in progress