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Sl No	Title of Paper	Year of publication	Journal/ Book	ISSN/ ISBN no
1	Effects of regular practicing Bharatnatyamdancing exercise on body fat of urban female teenagers.	2014	Indian Journal of clinical anatomy and physiology	eISSN 2394-2126
2	Impact of Bharatnatyam dancing exercise on lung function of adult bengalee females.	2014	HWWE 2014 User centered design and occupational well being. McGraw hill publication	
3	Impact of recreational creative dance on select	2015	HWWE 2015 Springer Publication	ISBN 978-93-5258-836-7-

	physiological variables – a study on adult bengalee males.		Journal-Sports science and human performance	
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